

Eat Smart, Move More North Carolina Member Benefits

The purpose of Eat Smart, Move More North Carolina is to provide a venue where partners across North Carolina working in physical activity and healthy eating collaborate to promote, support and provide guidance to the Eat Smart, Move More NC movement. Eat Smart, Move More North Carolina is composed of individuals and member organizations who are working to make the healthy choice the easy choice.

Joining the movement is easy and it's free. As a member, you can choose the level of involvement that works best for you.

Benefits of Membership:

- Network with colleagues at optional member meetings—meet people, have fun!
- Learn from local, state and national speakers.
- Get great ideas for eating smart and moving more that you can incorporate into your organization's practices.
- Stay “in the know” with the Eat Smart, Move More NC e-letter delivered to your inbox quarterly.
- Contribute to this statewide movement by bringing your expertise to the table.
- Have a voice with key state decision makers on important obesity-related issues.
- Use the Eat Smart, Move More NC branded materials—logo, advertisements and more!



To get more information or to join Eat Smart, Move More North Carolina, contact the Eat Smart, Move More NC Coordinator at Coordinator@EatSmartMoveMoreNC.com.



For more information visit www.EatSmartMoveMoreNC.com.