



# 2009 Terry Sanford Award

Any NCAE member is eligible for consideration for the 42<sup>nd</sup> annual **Terry Sanford Award**, created in 1966 by educators to honor the first Education Governor. Members need to go through their **local NCAE** to qualify as a local winner.

**Get Fit  
for the  
Future:  
Healthy  
Living**



**Now and Beyond**, the 2009 award theme, allows members to showcase their creativity in teaching healthy lifestyles. This could include nutrition, physical fitness, &/or making lifestyle choices, such as stress management, good character, self-esteem, safety, relationships, avoiding drugs, etc. In the classroom and beyond, educators are impacting their students with healthy decisions that will affect students, peers, families, and/or their communities. This award is designed for educators who maintain high academic standards. Educators who nominate themselves or are nominated for this award exemplify the ability to help students make informed, responsible decisions about their health and provide them opportunities to develop healthy lifestyles as well as leadership skills and community involvement.

***A plaque and \$1,000 will be awarded to the state Terry Sanford winner at the annual NCAE Awards Banquet. Each finalist receives \$100 and a framed certificate. The lesson plans of the finalists and winner will be shared and promoted on the FitKids® website and through the NC Health and Wellness Trust Fund.***

**STATE DEADLINE:** The **one** selected local winner must have his or her entry postmarked by **JANUARY 31, 2009. (No Exceptions)**

Submit entries to: Terry Sanford Screening Committee, NCAE  
700 South Salisbury Street, PO Box 27347  
Raleigh, NC 27611-7347

Questions regarding the competition should be directed to Elic Senter, IPD Consultant, at 1-800-662-7924, x 227. Information can also be found at [www.ncae.org](http://www.ncae.org).



# 2009 Terry Sanford Award

Any NCAE member is eligible for consideration for the 42<sup>nd</sup> annual **Terry Sanford Award**, created in 1966 by educators to honor the first Education Governor. Members need to go through their **local NCAE** to qualify as a local winner.

**Get Fit  
for the  
Future:  
Healthy  
Living  
Now**



**and Beyond**, the 2009 award theme, allows members to showcase their creativity in teaching healthy lifestyles. This could include nutrition, physical fitness, &/or making lifestyle choices, such as stress management, good character, self-esteem, safety, relationships, avoiding drugs, etc. In the classroom and beyond, educators are impacting their students with healthy decisions that will affect students, peers, families, and/or their communities. This award is designed for educators who maintain high academic standards. Educators who nominate themselves or are nominated for this award exemplify the ability to help students make informed, responsible decisions about their health and provide them opportunities to develop healthy lifestyles as well as leadership skills and community involvement.

***A plaque and \$1,000 will be awarded to the state Terry Sanford winner at the annual NCAE Awards Banquet. Each finalist receives \$100 and a framed certificate. The lesson plans of the finalists and winner will be shared and promoted on the FitKids® website and through the NC Health and Wellness Trust Fund.***

**STATE DEADLINE:** The **one** selected local winner must have his or her entry postmarked by **JANUARY 31, 2009. (No Exceptions)**

**For more information, contact:**  
Your NCAE Association Representative

---

OR

Your Local NCAE President

---

OR Elic Senter, IPD Consultant, NCAE at 1-800-662-7924 x 227



# 2009 Terry Sanford Award

## Criteria and Guidelines

The following criteria **must be used in order to qualify for the state competition:**

1. All entries must be compiled on standard 8 ½ x 11 white paper and placed in a three ring binder.
2. All pages and forms should be legible, numbered and labeled.
3. Essays and letters should be typed using 12 pt. Times-New Roman font and double-spaced.
4. Each TSA portfolio must have the following materials in the **sequence outlined below:**
  - a. Completed cover sheet that includes name, school, title of project, **NCAE Cluster**, signatures and date
  - b. Table of Contents (divided sections in logical manner)
  - c. Local Nomination Form must be **signed** by a **NCAE Local Unit President (one entry per local)**
  - d. NCAE Media Form
  - e. The signed Nomination Letter, written by an individual familiar with your project, should address the theme of the Terry Sanford Project. **The letter should be no more than 2 pages, typed using 12 pt. Times-New Roman font and double-spaced, on letterhead and signed with position title.**
  - f. An expository essay written by the applicant of the project, concerning the theme, **“Get Fit for the Future: Healthy Living Now & Beyond.”** Items measuring the success of the project as well as long-range plans must be included in this essay. **The essay must not exceed 3 double-spaced typed pages, using 12 pt. Times-New Roman font.**
  - g. Three lesson plans **or** three projects that address the theme. Supporting evidence should follow each lesson plan/project. The evidence should be current and must have been implemented with students during the last 12 months (starting from January 31).
  - h. Evidence of the lesson plans/projects may be submitted in the following manner, **but are not limited to:**
    - i. Student work, photographs, brochures created by the teacher and/or students, newspaper coverage of the project, websites, blogsites
    - ii. A video, CD ROM, 3.5 floppy disc (IBM compatible if possible), or audio cassette no longer than 5 minutes giving an overview of your project.
    - iii. Any other types of documentation supporting your project
5. See attached timelines and nomination form.



# 2009 Terry Sanford Award

**2009 Terry  
Sanford Award  
Media Information  
Form**

**Recent  
Photo of  
Candidate for  
2009 Terry  
Sanford Award**

Name: \_\_\_\_\_

Unit: \_\_\_\_\_ Cluster: \_\_\_\_\_

List the names of your local newspapers:

---

---

---

---

List the main TV station in your area:

---

Write a brief synopsis of your idea:

---

---

---

---

---

---

---

---



# 2009 Terry Sanford Award

## Local Nomination Form

Name \_\_\_\_\_ SS # \_\_\_\_\_

Local Unit \_\_\_\_\_ NCAE Cluster # \_\_\_\_\_

Home Address \_\_\_\_\_  
Street

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

E-mail \_\_\_\_\_ @ \_\_\_\_\_

School/Worksite \_\_\_\_\_

School/Worksite Address \_\_\_\_\_  
Street

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

School FAX No. \_\_\_\_\_

Principal/Supervisor \_\_\_\_\_

My Educational Background and Experience: \_\_\_\_\_

\_\_\_\_\_

UniServ Director \_\_\_\_\_

*Please verify that the entrant is an NCAE member by affixing your signature below.*

Submitted by: \_\_\_\_\_

**Print** Name of Local Unit President

\_\_\_\_\_  
**Signature** of Local Unit President

LUP Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Completed entries must be postmarked **no later** than **January 31, 2009**.

Mail entries to: Terry Sanford Screening Committee, NCAE  
700 South Salisbury Street, PO Box 27347  
Raleigh, NC 27611-7347