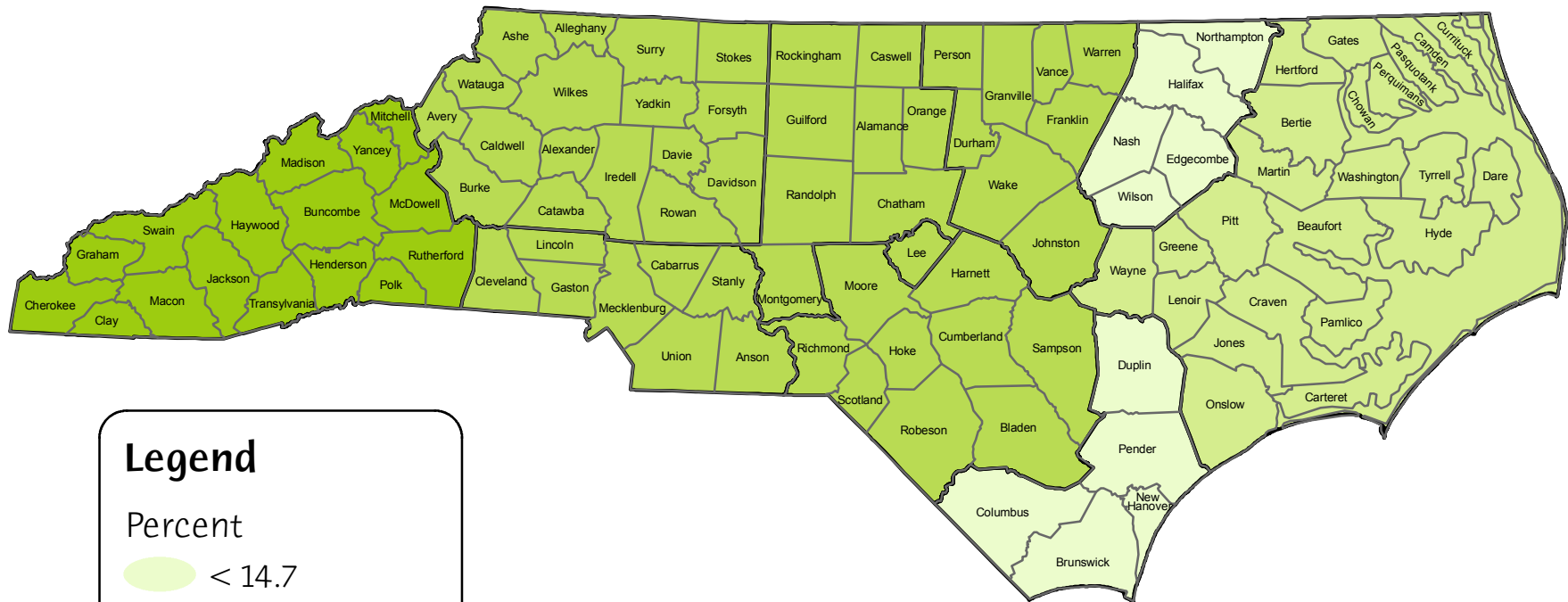




# Percentage of North Carolina Adults Who Consume 5 or More Servings of Fruits or Vegetables per Day\* by Area Health Education Center (AHEC) Regions



**Legend**

Percent

- < 14.7
- 14.7 - 17.0
- 17.1 - 21.6
- > 21.6
- AHEC Regions
- County Boundary

Source: 2009 Behavioral Risk Factor Surveillance System (BRFSS)

\*Data were derived from the fruits and vegetables questions.

