

NC HealthSmart Worksite Wellness Toolkit Evaluation Form



Please rate the usefulness of the toolkit using the following scale:

1 = Strongly Disagree 2= Somewhat Disagree 3= Agree 4= Strongly Agree

1. The overall worksite wellness program objectives were clearly explained and were incorporated throughout the toolkit.	1	2	3	4
2. The committee workbook was a helpful guide for establishing a worksite wellness committee.	1	2	3	4

Please rate the helpfulness of the workbooks using the following scale:

1 = Strongly Disagree 2= Somewhat Disagree 3= Agree 4= Strongly Agree NA=Not used

3a. The <i>Eat Smart</i> workbook was a helpful resource	1	2	3	4	NA
3b. The <i>Move More</i> workbook was a helpful resource	1	2	3	4	NA
3c. The <i>Quit Now</i> workbook was a helpful resource	1	2	3	4	NA
3d. The <i>Eat Smart</i> workbook was a helpful resource	1	2	3	4	NA

3e. What would make the workbook(s) you rated more helpful?

4a. To what extent do you think the overall Worksite Wellness Toolkit provides guidance for establishing and maintaining a worksite wellness committee?

1—Not well at all 2—Somewhat 3—Very well

4b. What changes would make the Worksite Wellness Toolkit more useful?

Please return this survey to:

State Health Plan
 Attn: Worksite Wellness
 4509 Creedmoor Road, Suite 201
 Raleigh, NC 27612-3813