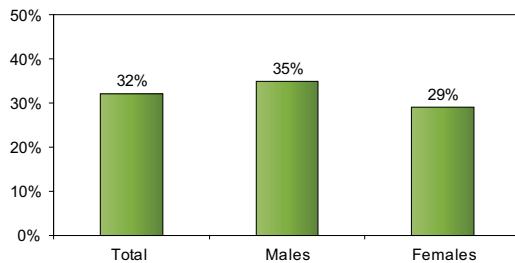


# Surveillance Update

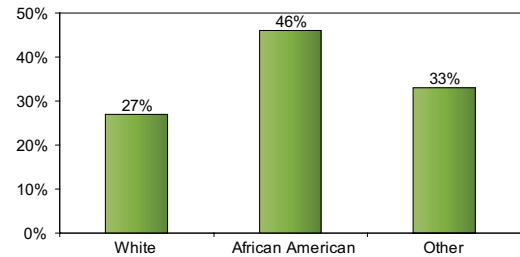
## Child's Weight Status — North Carolina 2009



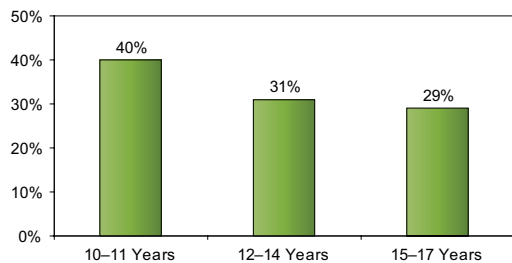
Percentage of N.C. Children Ages 10 to 17 Years Who Are Overweight or Obese, by Child's Sex



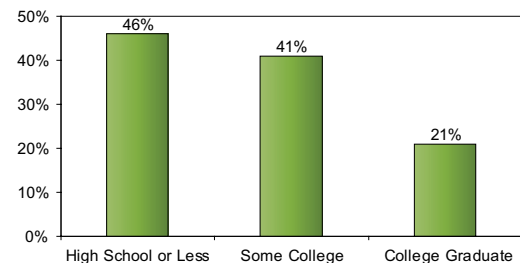
Percentage of N.C. Children Ages 10 to 17 Years Who Are Overweight or Obese, by Child's Race



Percentage of N.C. Children Ages 10 to 17 Years Who Are Overweight or Obese, by Child's Age Group



Percentage of N.C. Children Ages 10 to 17 Years Who Are Overweight or Obese, by Parent's Education Level



The North Carolina Child Health Assessment and Monitoring Program (NC CHAMP) is a surveillance system that collects information about the health characteristics of children from birth to age 17. NC CHAMP is a follow-up survey of the Behavioral Risk Factor Surveillance System (BRFSS) which is a telephone survey of adults, ages 18 and older. All adult respondents with children living in their household are invited to participate in the CHAMP survey. One child is randomly selected from the household and the adult most knowledgeable about the health of the selected child is interviewed in a follow-up survey. This surveillance update includes data collected in 2009 on 1,112 parental surveys of children ages 10 to 17. Weight status categories are estimated from parental report of child's height and weight and based on BMI percentiles for age and sex: <5 percent = Underweight, 5-84 percent = Recommended Range, 85-94 percent = Overweight, ≥95 percent = Obese. Results presented here are for overweight and obese categories combined (BMI percentile ≥85 percent). Percentages are weighted to population characteristics. For further information about NC CHAMP, please visit [www.schs.state.nc.us/SCHS/champ](http://www.schs.state.nc.us/SCHS/champ).



State of North Carolina / Beverly Eaves Perdue, Governor  
Department of Health and Human Services / Lanier M. Cansler, Secretary / [www.ncdhs.gov](http://www.ncdhs.gov)  
North Carolina Division of Public Health / Jeffrey P. Engel, State Health Director / [www.ncpublichealth.com](http://www.ncpublichealth.com)  
State Center for Health Statistics / Karen L. Knight, Director / CHAMP / (919) 855-4494 / [www.schs.state.nc.us/SCHS/champ](http://www.schs.state.nc.us/SCHS/champ)

